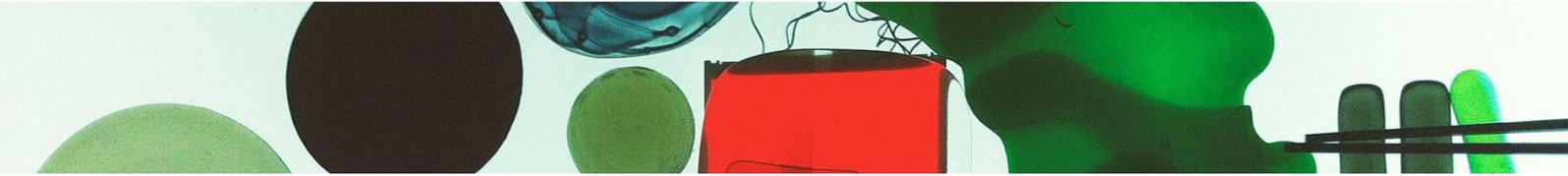
The background is a collage of various colored circles and shapes, including blue, green, black, and red, some overlapping and some with internal patterns. The overall style is abstract and artistic.

# ARTHEWE

**Multiform Pedagogy in Arts, Health and Wellbeing**

**Suggested literature on Health and Well-being  
Promotion with using Creative approaches**

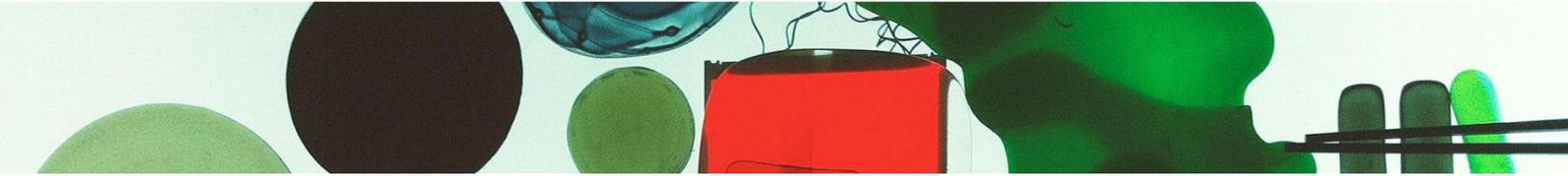


Literature supports that creativity and art can be a valuable aspect of health and wellbeing. Health professionals in collaboration with artists may involve creative and artistic activities that promote health and wellbeing at individual or community level. This document provides some of the evidence and useful sources in regards to health promotion with the use of creative methods. Although it is not an exhaustive list of the literature, we are hoping that interested stakeholders can find implications and inspiration for their practice.



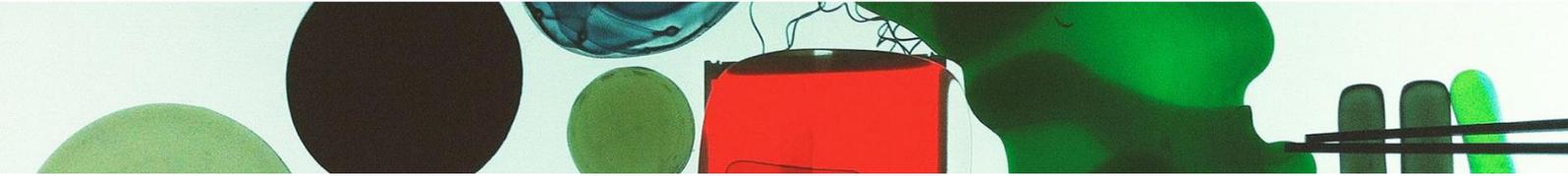
SCHOOL OF PUBLIC HEALTH  
DEPARTMENT OF PUBLIC AND COMMUNITY HEALTH  
**LABORATORY OF HYGIENE AND EPIDEMIOLOGY**  
Head: Prof. Areti Lagiou



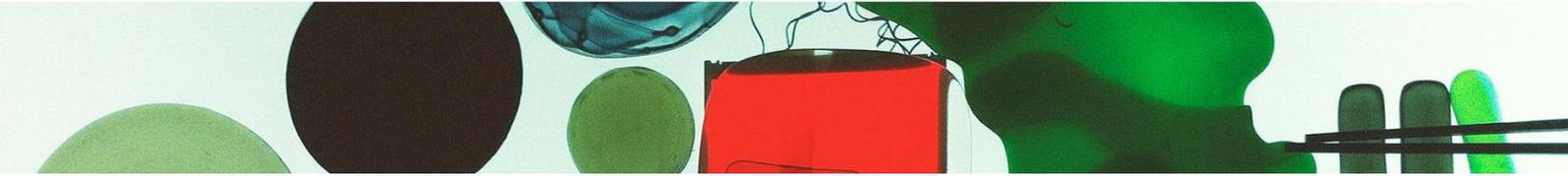


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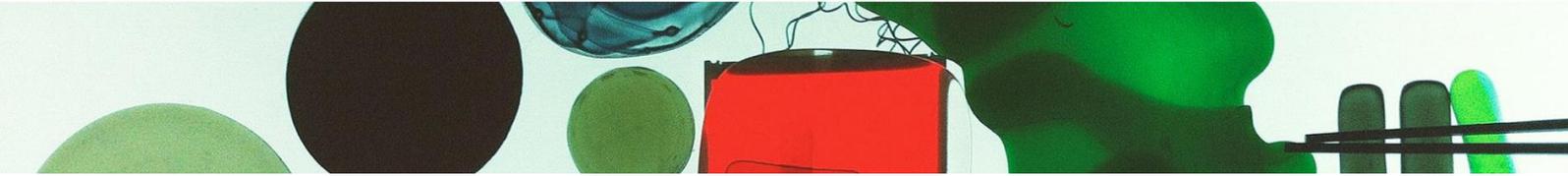
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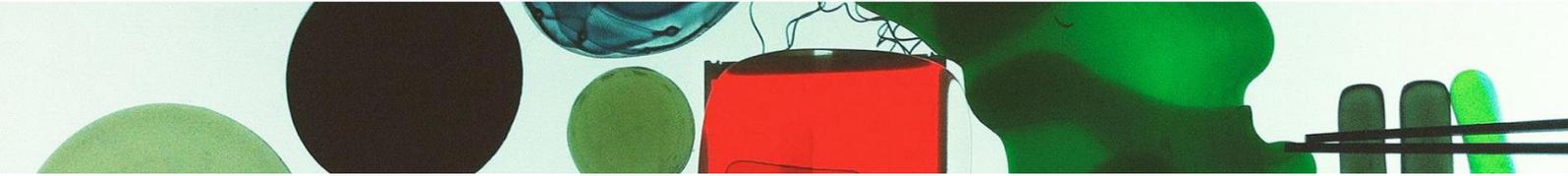
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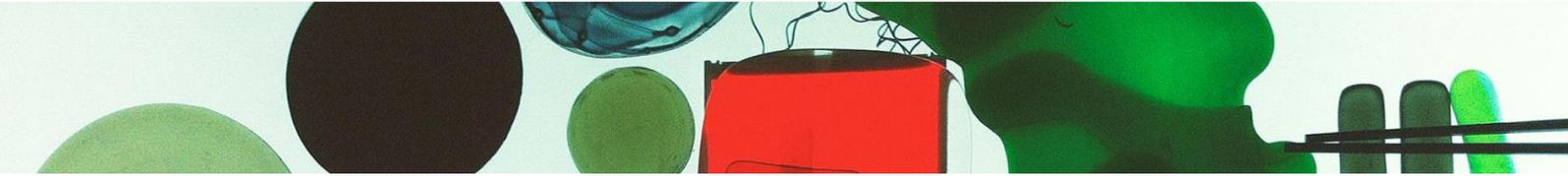
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