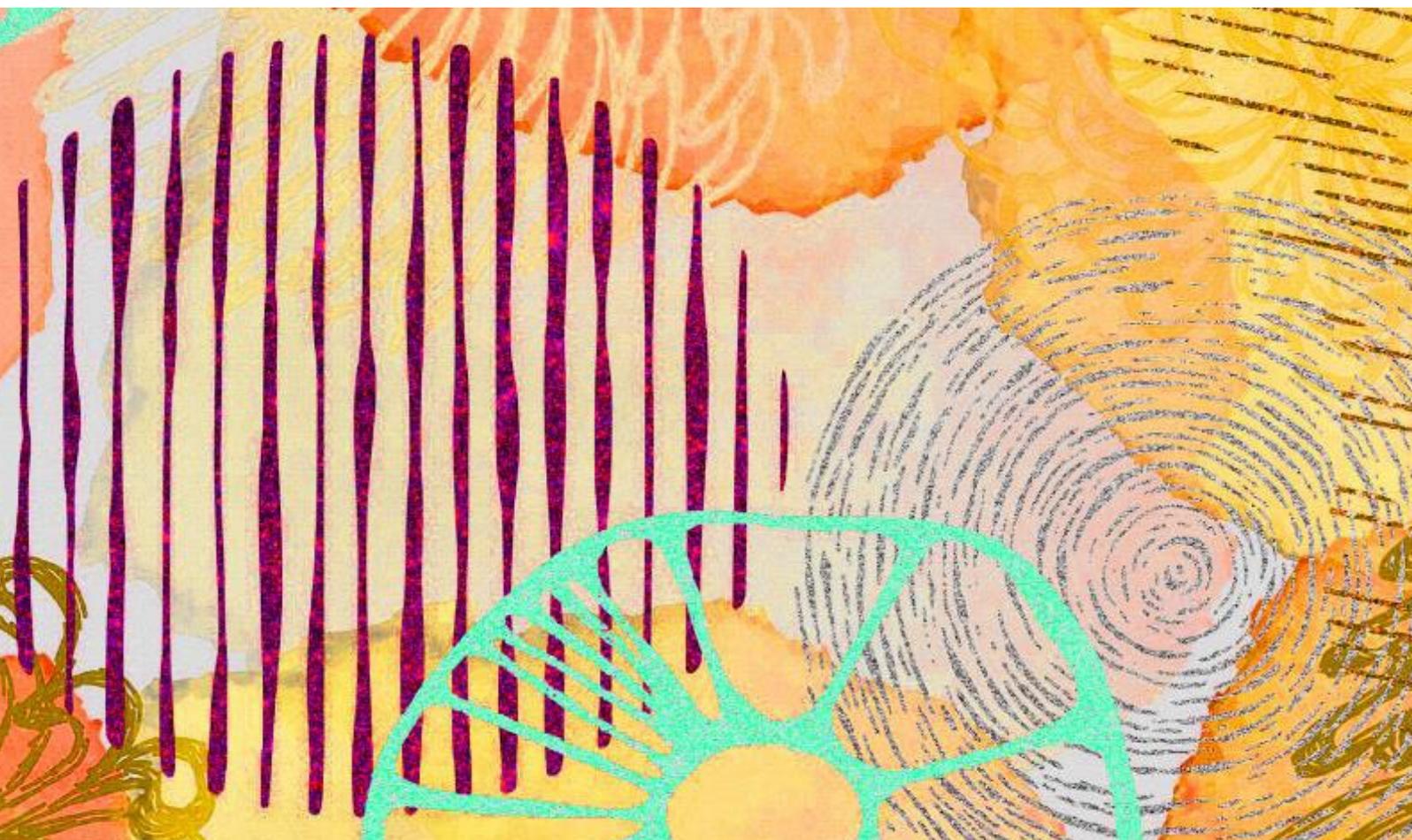




# **ARTHEWE**

**Multiform Pedagogy in Arts, Health and Well-being Education**

**Creative Wellbeing as a Competence, Syllabus**





<b>Study unit/course</b>	<b>Creative Wellbeing as a Competence</b>
<b>Level of studies</b>	Master's Degree Programme
<b>ECTS</b>	5
<b>Duration</b>	One semester
<b>Evaluation</b>	1-5 or passed/failed
<b>Learning methods</b>	<p>Face-to-face and/or online learning sessions, approximately once or twice a month. Contact teaching including thematic presentations and lectures of theory, practice, and research. Pair, individual and small group work, discussions, sharing expertise and reflection.</p> <p>The teaching will make use of art-based methods and the students' own specific skills. Before each contact learning session, students familiarize themselves with the subject of the learning session by doing a preliminary assignment, for example reading literature. After the learning sessions the subject is studied further through learning tasks.</p>
<b>Themes of the study module:</b>	<ul style="list-style-type: none"> <li>○ understanding the knowledge base, structures, and contexts of creative well-being</li> <li>○ identifying and understanding key concepts of creative well-being</li> <li>○ the international development and background of creative well-being</li> <li>○ interdisciplinary cooperation, networking, sharing of knowledge</li> <li>○ accessibility, diversity and enabling cultural needs</li> <li>○ the impacts of arts and culture for wellbeing and health</li> <li>○ design of creative well-being services.</li> </ul>

### Competence objectives of study unit

After completing the study module, the student will be able to:

- identify and analyse the essential knowledge, areas of expertise and development tasks in the field of creative well-being
- understand the concept of creative well-being at an advanced level; creative well-being as a phenomenon, as an evolving professional field, as well-being lived and experienced
- understand the personal relationship to arts and culture at the core of creative well-being as a basis for the cultural needs of individuals and communities
- identify and reflect on their own competence in interprofessional cooperation as well as the roles, common goals, and opportunities of different professionals in the field of creative well-being



- identify and justify the meanings and dimensions of creative well-being for individuals and communities, in as part of different services and professional roles

### **Content of the study unit:**

The course covers the core competences of creative well-being professionals and the essential knowledge, concepts, and contexts of creative well-being.

The studies expand and deepen one's professional competence related to current themes of creative well-being and interprofessional work.

The studies strengthen interprofessional dialogue and cooperation in the fields of social, health, education, arts, and culture to promote experiences of well-being, inclusion and meaningfulness through arts and culture as well as art-based and creative ways of working.