

ARTHEWE: Multiform Pedagogy in Arts, Health and Wellbeing Education

Turku University of Applied Sciences (TUAS), Royal College of Music in Stockholm (KMH), University of West Attica (UNIWA), [King's College London](#) (KCL), [Trinity College Dublin /Global Brain Health Institute](#) (TCD/GBHI)

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BACKGROUND

- Art can contribute to the promotion of good health and to the prevention of a range of mental and physical health conditions, as well as to the treatment or management of acute and chronic conditions arising across the life-course.
- Stronger pathways between the arts and health can provide creative solutions to help to improve people's health and wellbeing.
- Inclusion of arts and humanities education within the training of health-care professionals
- Cross-sectoral action and a holistic approach to health and wellbeing is needed

OBJECTIVE

ARTHEWE develops and renews multiform pedagogy, methods and tools in arts and health education.

ACTIVITIES

- collaborative research, education and curricula development and knowledge sharing
- defining the key concepts and core expertise of the professionals working within the field of arts and health
 - 6 Short term joint staff training events & project meetings
 - Multiplier events in 4 countries
 - Publication(s)
 - Co-developed and piloted A&H course modules
 - Evaluation of the project

Intellectual outputs	Leading	Participating
O1 Publication(s)	TUAS	KCL, KMH, UNIWA, TCD/GBHI
O2 Professional Growth in Creative Wellbeing	TUAS	KCL, KMH, UNIWA, TCD/GBHI
O3 Sustainable and Healthy Working Life - Engaging through Music and other Creative Activities	KMH	KCL, UNIWA, TUAS, TCD/GBHI
O4 Supporting Mental Health with the arts: A Ten-Step programme	KMH	KCL, UNIWA, TUAS, TCD/GBHI
O5 Health & Wellbeing Promotion through Creative Methods	UNIWA	KCL, KMH, TUAS, TCD/GBHI
O6 Arts within interprofessional training programme "Equity in Brain Health"	TCD/GBHI	KCL, KMH, TUAS, UNIWA
O7 Pedagogies for Flourishing in times of Uncertainty & Complexity	KCL	KMH, TUAS, UNIWA, TCD/GBHI

PROJECT MANAGEMENT AND IMPLEMENTATION

1. Project management and coordination
2. Communication & dissemination
3. Monitoring and evaluation

EXPECTED RESULTS

- Shared understanding of the core expertise of the professionals working within the field of arts and health.
- Co-developed multiform learning and teaching materials and implementations which combine multiform pedagogy approaches, methods and the best practices from the ARTHEWE pilots.
- New and improved arts and health study modules.
- The educators will create and apply new methods, skills and digital tools in the future education of arts and health professionals.
- Graduating students in multiple fields will be equipped with wide-ranging professional skills (innovation skills, professional growth, meta-skills) and versatile professional identity.